

To: Cardinal Football Family

Subject: Parent Information 2025

From: Cody Gilbert, AD/Head Football Coach

July 7, 2025

High School football starts on August 4th for our 9th-12th graders, and we wanted to touch base with all of you today regarding a few things to start the year.

**SportsYou:** SportsYou is our primary communication source. You will receive weekly schedules, itineraries, and up to date information through SportsYou. Players, Parents, and Supporters can join our SportsYou. Download the SportsYou app, and use this code **SV6L9Q85**

**RankOne Paperwork:** All athletes need to have their RankOne paperwork completed before they can practice on August 4th. You can use this link if you did not complete your paperwork in the spring: <https://sabineisd.rankonesport.com/New/NewInstructionsPage.aspx>

**7th/8th/9th Grade Football Camp:** All 7th-9th grade football players are highly encouraged to attend our Sabine Cardinal Football Camp. The cost of the camp is \$45, and it will run from 8:00 Am-10:00 Am on July 28, 29, 30 in the stadium. If payment is an issue, please speak with me. Money will never be a reason our kids cannot participate. Register online at <https://www.sabineathletics.com/youth-camps>

**Equipment Pick Up:** HS players can pick up their equipment, and organize their fieldhouse locker on the following dates at 4 PM: Seniors/Juniors- July 28, Sophomores- July 29, Freshman- July 30 after morning camp, or at 4 PM. MS players will get their equipment on their first day of practice. High school players who do not get equipment early will want to arrive one hour early on their first day of practice.

**HS Practice Times Week 1:**

**9th Grade Only:** August 4th-7th- 6:45 AM-9 AM

**10th-12th Grade Only:** August 4th-7th- 3:30 PM-7 PM

**August 8th-** All Players: 6:45 AM-9:30 AM, After practice, all players will be taken by a bus to the Kilgore City pool from 10:30 AM-12:30 PM for team building/swimming. Players will need to bring their swim trunks and a towel on August 8th. We will return to the school around 1 PM for lunch, and the players will be released around 2:00 PM.

**August 9th-** All players will practice from 7 AM-8 AM before pictures and media day.

**Media Day:** Media/Picture day will be in the stadium on Saturday August 9th starting at 8:30 AM after Saturday morning practice. We will do pictures for our sports program. We invite parents and families to join us for practice on the 9th, and for pictures afterwards.

**\*\***We will do life touch photos later on in the football season for High School and Middle School football. These photos will be during their athletic period on October 28th. I will share a Life touch code with you as we get closer.

**MS Practice Times:** The 8th grade will practice at 7:15 AM on Monday and Wednesday, and they will practice at 7:30 AM on Tuesday/Thursday. The 7th grade will practice at 3:50 PM after school Monday-Wednesday. Middle school practice times will always be reflected on the weekly schedule on SportsYou.

**Parent Meeting:** We will have a parent meeting for 7th-12th grade parents/guardians on August 5th at 6:00 PM in the HS auditorium. The booster club will be offering 2025 Memberships and new merchandise will be for sale. The parent meeting should wrap up in 30 minutes or less.

**Cleats/Accessories:** We do not provide cleats for the HS or the MS. All cleats and accessories (gloves, wrist bands, etc.) need to be purchased in a white, red, black, grey, or royal blue color.

**Sept 1 & Oct 20:** These are days we do not have school. We will have Varsity, JV Red, and JV Blue practice at 7:00 AM on these days. This is required for our players to attend. There will be no middle school practice on these days.

**Tickets:** We have five home games this season. Season ticket renewal emails will go out on Monday 7/28. This will have renewal instructions, and allow you to purchase starting that day. On August 11th, any season tickets not renewed will go active for the public to purchase.

**Questions:**

High School Football- Cody Gilbert, [cgilbert@sabineisd.org](mailto:cgilbert@sabineisd.org)

MS Football- Michael Mayfield, [mmayfield@sabineisd.org](mailto:mmayfield@sabineisd.org)

Tickets- Chelsea Mayfield, [cmayfield@sabineisd.org](mailto:cmayfield@sabineisd.org)

Athletic Training/Rank One- Charisma McCowin, [cmccowin@sabineisd.org](mailto:cmccowin@sabineisd.org)

**FAQ:**

Where are the schedules?

*Our schedules will be posted on [www.sabineathletics.com](http://www.sabineathletics.com) later this week. Middle school schedules are under the tab labeled: Inside Athletics. Please keep in mind that Sub Varsity game times, and sometimes locations are always subject to change. These changes will be communicated through SportsYou, Social Media, and our Athletics Website. Middle school and JV Blue games will be updated on the Monday of a game week with information about who we are playing and where. We will put addresses on our game day itineraries this year to help with the location of stadiums, and our new athletic website links directly to google maps when you visit the schedules online.*

How can I get involved?

*We would love to have parents/guardians join our Athletic Booster Club. This is an opportunity to make an impact on our program and our kids with your time. We are always looking for individuals with many different talents to get involved, and help us grow our programs, and provide a vision for how we can make an impact next.*

*We will have a July booster club meeting on Monday July 14th at 5:30 PM in the Sabine Fieldhouse.*

HB1481- Cell Phone Usage

*I know there are some concerns and mixed feelings about HB1481, and the use of cell phones during school hours being prohibited. I do not have any information about what our policies will look like as a school district specifically, but I want all of our parents to know that we understand our level of communication, and timeliness as a coaching staff will play a role day to day. Your kids are under our care until you pick them up each day. We keep snacks on hand, and will provide a comfortable place for them to hangout if there is ever a situation where they are at our place waiting to be picked up for various reasons. This goes way beyond HB 1481. We are here for your kids.*

**Additional Key Dates that May Help:**

August 13th: First Day of School

August 14th: First day of Middle School Football. 8th grade at 7:30 AM, 7th grade at 3:50 PM.

August 15th: All High School Football scrimmage at Waskom.

August 21st: All High School Football scrimmage vs. Edgewood at home.

August 22nd: All High School football culture party. 5:00 PM. More information to be provided later.

August 28th: First JV Red and JV Blue Game Day.

August 29th: Varsity football vs. Spring Hill, 7 PM

September 4th: 7th & 8th Grade Football Scrimmages vs. Harmony at home. JV Red/JV Blue Game Day #2

September 10th: Homecoming Parade- All MS and HS Football Players